



Spirit of Hudson  
 5K Run / 1.5 Mile Walk  
 Mighty Mite Marathon (26.2 yards)  
 Saturday June 11, 2016, at 5 Houghton St Hudson, MA



Hosted by: The Highland City Striders Running Club,  
 the Hudson Elks Lodge, and the Assabet Valley Chamber of Commerce  
 Held in conjunction with Hudson's Annual Community Festival - Proceeds to benefit the Elks Scholarship Fund

**Start Time (rain or shine): Saturday, June 11, 2016 at 8:30 AM. Registration: 7:00 AM**  
**Where: Starts / Ends on Houghton St, (Behind Moreira & Frias Law Offices & TC Lando's)**  
**Entry Fee: \$25, guarantees technical T-shirt for runners & walkers registered by May 27 \$30 on race day. Mighty Mite Marathon at 10:00 AM (ages 2 to 6) is FREE.**  
**Awards: Top three male and female runners in the following age groups: (17 & under), (18-29), (30-39), (40-49), (50-59), and (60+). Top walkers also recognized. All Mighty Mite Marathoners receive participation ribbon. Race is chip timed.**

Checks payable to: **Highland City Striders**

Mail Form and Check to: **Highland City Striders  
 Hudson 5K Road Race  
 269 Stearns Rd  
 Marlborough, MA 01752**

**Register on line at:**  
<http://spiritofhudson.racewire.com>

**Race Info:**  
[www.highlandcitystriders.org](http://www.highlandcitystriders.org)

Name (print) \_\_\_\_\_ Sex:  M  F  Runner  Walker  
 Mighty Mite Marathon  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ T-Shirt Size:  S  M  L  XL  XXL  
 Date of birth: \_\_\_\_\_ E-mail (if you would like results emailed to you) \_\_\_\_\_  
 Emergency Point of contact \_\_\_\_\_

Name/Number

<18  18-29  30-39  40-49  50-59  60+

Select runner category

I am not able to participate, but I'd like commemorative race jersey for only \$10 \_\_\_\_\_  
 Amount enclosed

Additional amount in support the Elks Scholarship Fund: \_\_\_\_\_  
 Amount enclosed

Please enter me in the Spirit of Hudson 5K walk/run/mighty mite marathon event. I agree to assume all responsibility for all risk of damage or injury to me and/or my child under 18 as a participant in this event. In consideration of being accepted as an entrant, I hereby, for myself, my heirs, executors and administrators, release and discharge the RRCA, the Highland City Striders, the Hudson Elks Lodge, the Town of Hudson, the Assabet Valley Chamber of Commerce, and any and all other individuals, entities, and organizations associated with the race from all claims, damages, rights of action, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or in incident to, my participation in this event. I hereby certify that I will not participate in the Finnegan's Fantastic 5K walk/run unless I am physically fit and sufficiently trained for competition in the race. I also grant permission for the use of my name and or picture in any broadcast, photograph, or other account of this race. I understand that bicycles, skateboards, baby joggers, or strollers, roller skates, or blades, animals, and radio headsets are not allowed in the race and I abide by this guideline.

Signature (required) \_\_\_\_\_ Age on Day of Race \_\_\_\_\_  
Participant Signature (Parent Signature Required if under 18 years of age)